



Choosing Your Confirmation Sponsor

From the time you were welcomed into this community of believers we call Church at your Baptism, you have been surrounded by people to support you and help you grow in your love of God.

At your Baptism, your Godparents represented the community of faith in welcoming you to the family of the Church. Our Church wants us to journey with others in the community.

In keeping with the tradition and practice of the Church, persons wishing to be confirmed choose a sponsor. This person acts as a representative of the faith community, the Church. Sponsors support and guide the candidate preparing for the sacrament. They are available to discuss our faith and are encouraged to continue as a spiritual friend and example after confirmation.

Because of these important roles played by the sponsor, it is essential to reflect and pray about your choice. It is up to you to choose your sponsor. There are, however, a few requirements applicable to sponsors. These are as follows:

The Sponsor

- ❖ Is 18 years of age or older.
- ❖ Is not the candidate's mother or father.
- ❖ A practicing Catholic who has received the Sacraments of Initiation (Baptism, Eucharist, & Confirmation)
- ❖ May be your Baptismal Godparent
- ❖ Need not be of the same sex as the candidate

We are asking you to choose a sponsor at this time. Your sponsor or a parent should accompany you to the Confirmation Preparation Sessions. They should also be present for Rehearsal and the Rite of Confirmation.