

About Just5Days

Middle schoolers are anxious to make a difference in the world because they are energetic, interested, and desire to serve those in need. Middle schoolers also have the curiosity to reflect on the situations they see and the maturity to realize that their faith asks them to do something about injustice. *Just5Days* is more than just a week of volunteering; it is a chance for middle schoolers to stretch themselves, learn about their faith, and serve the community side by side with other youth and caring adults.



Just5Days is designed especially for those entering grades 7, 8, and 9, and their adult leaders from Catholic parishes and schools.

Middle schoolers love to work on projects, meet people, and make a difference with their time. *Just5Days* provides young adolescents an opportunity to be involved in meaningful service while they explore what Catholic social teaching is and how it applies to their lives.



Young adolescents have different learning styles, attention spans, and developmental needs. *Just5Days* is designed just for middle schoolers with hands-on learning, high energy activities, creative and visual elements, engaging worship experiences, and over 15 hours of direct service out in the community.

Just5Days comes to you from the Center for Ministry Development, which has worked with more than 28,000 youth and adults providing 650,000 hours of service since 1993 when CMD pioneered Catholic service learning events with the development of *Young Neighbors in Action*.

